



RAPADILINO syndrome

RAPADILINO syndrome is a rare condition that involves many parts of the body. Bone development is especially affected, causing many of the characteristic features of the condition.

Most affected individuals have underdevelopment or absence of the bones in the forearms and the thumbs, which are known as radial ray malformations. The kneecaps (patellae) can also be underdeveloped or absent. Other features include an opening in the roof of the mouth (cleft palate) or a high arched palate; a long, slender nose; and dislocated joints.

Many infants with RAPADILINO syndrome have difficulty feeding and experience diarrhea and vomiting. The combination of impaired bone development and feeding problems leads to slow growth and short stature in affected individuals.

Some individuals with RAPADILINO syndrome have harmless light brown patches of skin that resemble a skin finding known as café-au-lait spots. In addition, people with RAPADILINO syndrome have a slightly increased risk of developing a type of bone cancer known as osteosarcoma or a blood-related cancer called lymphoma. In individuals with RAPADILINO syndrome, osteosarcoma most often develops during childhood or adolescence, and lymphoma typically develops in young adulthood.

The condition name is an acronym for the characteristic features of the disorder: RA for radial ray malformations, PA for patella and palate abnormalities, DI for diarrhea and dislocated joints, LI for limb abnormalities and little size, and NO for slender nose and normal intelligence.

The varied signs and symptoms of RAPADILINO syndrome overlap with features of other disorders, namely Baller-Gerold syndrome and Rothmund-Thomson syndrome. These syndromes are also characterized by radial ray defects, skeletal abnormalities, and slow growth. All of these conditions can be caused by mutations in the same gene. Based on these similarities, researchers are investigating whether Baller-Gerold syndrome, Rothmund-Thomson syndrome, and RAPADILINO syndrome are separate disorders or part of a single syndrome with overlapping signs and symptoms.

Frequency

RAPADILINO syndrome is a rare condition, although its worldwide prevalence is unknown. The condition was first identified in Finland, where it affects an estimated 1 in 75,000 individuals, although it has since been found in other regions.

Genetic Changes

Mutations in the *RECQL4* gene cause RAPADILINO syndrome. This gene provides instructions for making one member of a protein family called RecQ helicases. Helicases are enzymes that bind to DNA and temporarily unwind the two spiral strands (double helix) of the DNA molecule. This unwinding is necessary for copying (replicating) DNA in preparation for cell division and for repairing damaged DNA. The *RECQL4* protein helps stabilize genetic information in the body's cells and plays a role in replicating and repairing DNA.

The most common *RECQL4* gene mutation involved in RAPADILINO syndrome causes the *RECQL4* protein to be pieced together incorrectly. This genetic change results in the production of a protein that is missing a region called exon 7 and is unable to act as a helicase. The loss of helicase function may prevent normal DNA replication and repair, causing widespread damage to a person's genetic information over time. These changes may result in the accumulation of DNA errors and cell death, although it is unclear exactly how *RECQL4* gene mutations lead to the specific features of RAPADILINO syndrome.

Inheritance Pattern

This condition is inherited in an autosomal recessive pattern, which means both copies of the gene in each cell have mutations. The parents of an individual with an autosomal recessive condition each carry one copy of the mutated gene, but they typically do not show signs and symptoms of the condition.

Other Names for This Condition

- absent thumbs, dislocated joints, long face with narrow palpebral fissures, long slender nose, arched palate
- radial and patellar aplasia
- radial and patellar hypoplasia

Diagnosis & Management

These resources address the diagnosis or management of RAPADILINO syndrome:

- Genetic Testing Registry: Rapadilino syndrome
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C1849453/>

These resources from MedlinePlus offer information about the diagnosis and management of various health conditions:

- Diagnostic Tests
<https://medlineplus.gov/diagnostictests.html>
- Drug Therapy
<https://medlineplus.gov/drugtherapy.html>

- Surgery and Rehabilitation
<https://medlineplus.gov/surgeryandrehabilitation.html>
- Genetic Counseling
<https://medlineplus.gov/geneticcounseling.html>
- Palliative Care
<https://medlineplus.gov/palliativecare.html>

Additional Information & Resources

MedlinePlus

- Health Topic: Bone Diseases
<https://medlineplus.gov/bonediseases.html>
- Health Topic: Cleft Lip and Palate
<https://medlineplus.gov/cleftlipandpalate.html>
- Health Topic: Hand Injuries and Disorders
<https://medlineplus.gov/handinjuriesanddisorders.html>

Genetic and Rare Diseases Information Center

- Rapadilino syndrome
<https://rarediseases.info.nih.gov/diseases/4637/rapadilino-syndrome>

Additional NIH Resources

- National Institute of Arthritis and Musculoskeletal and Skin Diseases: What are the Parts of the Knee?
https://www.niams.nih.gov/Health_Info/Knee_Problems/

Educational Resources

- Cleveland Clinic: Congenital Hand Differences
<http://my.clevelandclinic.org/services/orthopaedics-rheumatology/diseases-conditions/congenital-hand>
- Disease InfoSearch: Rapadilino syndrome
<http://www.diseaseinfosearch.org/Rapadilino+syndrome/6152>
- Hospital for Sick Children: Radial Ray Anomaly
<http://www.sickkids.ca/PlasticSurgery/What-we-do/Hand-Clinic/Radial%20Ray%20Anomaly/>
- MalaCards: rapadilino syndrome
http://www.malacards.org/card/rapadilino_syndrome

- March of Dimes: Cleft Lip and Cleft Palate
<http://www.marchofdimes.org/baby/cleft-lip-and-cleft-palate.aspx>
- Orphanet: RAPADILINO syndrome
http://www.orpha.net/consor/cgi-bin/OC_Exp.php?Lng=EN&Expert=3021

Patient Support and Advocacy Resources

- AmeriFace
<http://www.ameriface.org/>
- Resource List from the University of Kansas Medical Center: Limb Anomalies
<http://www.kumc.edu/gec/support/limb.html>
- Resource List from the University of Kansas Medical Center: Short Stature
<http://www.kumc.edu/gec/support/skeldysp.html>

Genetic Testing Registry

- Rapadilino syndrome
<https://www.ncbi.nlm.nih.gov/gtr/conditions/C1849453/>

Scientific articles on PubMed

- PubMed
<https://www.ncbi.nlm.nih.gov/pubmed?term=%28rapadilino+syndrome%5BTIAB%5D%29+AND+english%5Bla%5D+AND+human%5Bmh%5D+AND+%22last+3600+days%22%5Bdp%5D>

OMIM

- RAPADILINO SYNDROME
<http://omim.org/entry/266280>

Sources for This Summary

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